

Pratthanadee Foundation

2023



Annual Report



Dear Donors, Supporters and Friends,



As I think about Pratthanadee's journey, I am truly awe-struck by all that we have achieved. While I typically prefer to focus on looking forward rather than dwelling on the past, it is impossible not to feel a sense of wonder at how we have endured and thrived. Having provided training to nearly 50,000 girls and women, I am filled with an indescribable sense of pride in our team and all that they have done.

What do the next years look like? My greatest (annual) hope is that our organization becomes obsolete because the need for our services no longer exists. Yet, even the most optimistic among us acknowledge that this may not be the case. Nevertheless, this realization only fuels our determination and drive to continue our vital work.

Importantly, we recognize that the strategies that have gotten us here may not be sufficient to get us there. It is imperative that if we are to scale and amplify our reach that we must adopt a more thoughtful and creative approach to technology. Presently, we annually train between 5,000 to 7,000 girls and women, but envision the transformative potential if we leverage innovation to expand our impact even further.

While preserving the invaluable human touch remains paramount to our mission, we are excited about the prospect of potentially connecting with hundreds of thousands of women digitally in the future. However, to realize these ambitious goals, we must continue to invest, embrace risk-taking and acknowledge that occasional failures are inevitable steps towards solving big problems. One of our favourite quotes is by Michaelangelo, "The greatest danger for most of us is not that our aim is too high, and we miss it, but that it is too low, and we reach it." These words have served as our guide from the day we opened our doors in 1999.

As we reflect on our past achievements and embrace the challenges of the future, your continued support remains an important driving force. Thank you for being an integral part of our journey.

Best Regards,

Enrique Cuan
Founder

Dear Friends,



In 2023, we set ourselves the twin goals of significantly scaling up our impact in the northeast of the country where we have sunk roots since 2012, and attracting institutional support for multi-year project funding. I am pleased to share that on both counts, we have made excellent progress. In the northeastern provinces, our team executed a major project backed by the Canadian Embassy. It involved gathering key actors in and outside of schools to discuss gender-based violence reporting. Prior to this townhall, there was a lack of coordination amongst them; teachers and students were also unclear where to get help. We were heartened by the keen participation of the provincial government, regional education ministry officials, the police, hospitals, local NGOs, teachers and students in the event. Key takeaways from the honest and animated discussion were used by our team to streamline school violence reporting procedures and coordination, and all these will be shared with the stakeholders in the new year. Like our pilot project to mainstream gender inclusivity education in the curriculum of 10 schools in the previous year, this project again has amplified our impact and influence in the northeast. They also represented a significant step up from our usual workshop training that we run for underprivileged high school girls. Hopefully, we can replicate these successes in other parts of the country.

On institutional funding, we have secured a five-year commitment from Ovolpe Foundation in Zurich, following the support we received from a Singapore-based family office in the previous year. This multi-year funding, our first, for projects in the northeast will enable us to expand the scope of our training. In addition to planning for the future and dealing with gender-based violence, reproductive health and financial literacy will be included in our workshop curriculum. Every year a group of 500 girls will participate in this holistic four-module experience. We are thankful for this strong endorsement from the Swiss-based foundation. Of course we were confident of taking up this challenge only because of our progressive partner schools and their willingness to take part in this time-consuming venture.

During the year, our extended family of socially conscious donors, foreign embassies, partners and volunteers continued to hold us up, enabling us to accomplish our goals. We are deeply grateful for their unfailing support, which we will need to rely on again as we reach for our next milestone in the new year.

Sincerely yours,
M. R. Benchapa Krairiksh
Chairwoman of the Board

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Introducing Pratthanadee

The Pratthanadee Foundation is a non-governmental organization based in Bangkok, Thailand with a second branch in Ubon Ratchathani province in the northeast of Thailand. Pratthanadee, established in 1999 and officially registered in 2000, is registered under the Office of the National Culture Commission in Thailand (license number: Tor 490/2543 and registry number: Kor Thor 1158) and is affiliated with a partner 501 c(3) tax-exempt organization in the United State.

A young girl growing up in rural Thailand has few opportunities for education, training and employment. As a result, thousands of young women move to Bangkok each year looking for work to support parents, grandparents, younger siblings and sometimes their own children back home.

These women arrive in the city with little preparation, no savings, no connections and no real, marketable skills. Their opportunities in Bangkok are limited – factory work, domestic labor, cleaning and sometimes worse. With stark choices and growing financial pressure, they often become trapped in informal, underpaid or unsafe work. The Pratthanadee Foundation works with these women to improve their economic opportunities and to prevent young girls from falling into the same traps.

Through our volunteers and staff, we provide free training in hard and soft skills so women and girls become more confident, independent, ambitious, and are likely to secure better jobs and higher salaries. Our training is offered in Bangkok and in Ubon Ratchathani and surrounding provinces in the northeast of Thailand. Pratthanadee serves two main groups:

- Women who are unemployed or in employment that is unstable, unsafe or underpaid in Bangkok;
- Girls from poor backgrounds in rural northeast Thailand, who are at a crucial point in making decisions about their futures.

The Foundation launched its unique core training program ‘Better Me’ in 2016. Our ‘Better Me’ course comprises a series of weekly workshops, accompanied by 1-on-1 mentoring and English language classes, to help women turn their lives around and achieve their goals. Our training workshops for girls are offered in partnership with local schools and include ‘Preparing for Success’, a career planning workshop, and ‘Claim your Rights’, a personal safety workshop. Pratthanadee has a small staff team and group of dedicated volunteers. We create a welcoming community, where women feel supported and valued as they take the first step to a brighter future.



Meet our Board

Enrique Cuan, Founder

Enrique is the Founder of the Pratthanadee Foundation. He is the co-founder of Mercury Capital Advisors, a global financial services firm. Enrique is passionate about furthering Pratthanadee's reach and deepening its impact.

M. R. Benchapa Krairiksh, Chairwoman of the Board

Khunying Benchapa is a graduate of Political Science from Chulalongkorn University. Khunying Benchapa is the former Vice-President of the National Council of Women and Chair of its International Relations Committee. She contributes to many charitable organizations, such as The Foundation of the Promotion of Supplementary Occupations and Related Techniques of Her Majesty Queen Sirikit of Thailand (SUPPORT) and the Saengsawang Foundation.

Shannon Kalayanamitr, Board Member

Shannon is a passionate Women's advocate. She is a mover and a shaker, dedicated to building businesses and deeply connected in sectors of Business, Entertainment & Media, and Women's Rights in Thailand and in Asia.

Claudio Caballero, Honorary Board Member

Claudio has been an engineering and technology executive for over 20 years in the USA and SE Asia, he holds an MBA from INSEAD and has been a supporter of Pratthanadee since its founding.

Thiptyanipa (Krairiksh) Samalapa Vice Chairwoman of the Board

Thiptyanipa is a graduate of Chulalongkorn University's Faculty of Communication Arts and holds a Masters of Theological Studies from Harvard University's The Divinity School. She contributes to many charitable organizations, not only volunteering but also serving as the Board of such as the Childline Thailand Foundation. She is the founder of JitAton (JitAon.life)

Emi Stames, Board Member

Emi is the co-founder of Zahira Fine Jewellery. focuses her time on business and client development. She's also worked in the entertainment industry in Thailand for many years as a model and tv host. Passionate about charity work she's been hands on working with various organizations over the years focusing on women, children and the elderly.

Tamsin Haigh, Honorary Board Member

Tamsin was the Strategic Development Manager for Pratthanadee for two years. She is now based in Laos working for The HALO Trust, an international NGO clearing landmines and other explosive remnants of war.

Ada Jirapaisalkul, Board Member

Ada is a pioneer in the fields of social entrepreneurship and social investment in Thailand. She is currently ChangeVentures Head of Social Impact Advisory – an affiliated organization of ChangeFusion, Founder and Managing Director of Thai Young Philanthropist Network (TYPN) and Board Member of Khonthai Foundation.

Kurt Heck, Honorary Board member

Kurt Heck is a former software executive from California. He is a Certified Public Accountant and holder of an MBA from the American Graduate School of International Management in Arizona.

Soohow Wong, Honorary Board member

Soohow is formerly Vice President at Channel NewsAsia and part of the Asia-Pacific management team at Habitat for Humanity. He advises the foundation on communications, media and stakeholders' engagement.

How Pratthanadee Works

We help women in Thailand who are:

- Living a hand-to-mouth existence in low paid, dangerous or demeaning work.
- Undereducated and low skilled, and unsure how to move beyond this.
- Carrying the responsibility of supporting children and family upcountry with very low wages.
- Leading a lifestyle that is damaging their self-confidence, health, and their relationships with children and family.

Our mission is to capture the generosity of donors and volunteers and transform it into free high-quality training and support for underprivileged women, inspiring a new generation of confident, motivated and resilient women.

We aim for Pratthanadee's women to be actively seeking to realize their career and work aspirations by:

- Securing higher quality employment with better working conditions.
- Securing a promotion or a pay rise.
- Taking on further training or education to meet their career goals.

By taking control of their own lives, our women are able to start moving towards independence and financial security, reducing overreliance on unhealthy jobs, relationships and loans.



A Life-Changing Program for Women

In 2016, we launched a new core training program: The 'Better Me' Program.

Women at the Foundation now have access to career and personal development training to help set the right attitude and provide tools for success. Over a series of weekly training, the program guides women from feeling trapped, dependent, and hopeless about the future to becoming empowered, optimistic and motivated, ready to explore new opportunities.

'Better Me' lifts women up. It lets them know that they can be more, and then it provides them with the tools and the support to become more. There is nothing else quite like it in Bangkok. It is built on 15 years of trial and error, and the content rivals many private sector personal development programs.

'Better Me' creates real empowerment: an internal and positive change in each woman, so that she can go out and change her life herself.

The program includes four core elements:

- 1. Develop Vital Skills:** 30 hours of career and personal development training, covering topics such as Self-Assessment, Goal-Setting, Women's Law and Rights, Self-Defense, Managing Your Money and Getting the Right Job for You.
- 2. Learn Basic English:** 25 English lessons, taking students up to Level A1 in the Common European Framework of Reference for Languages, and helping them to access higher levels of employment in Bangkok.
- 3. Personal Mentoring Sessions:** A female mentor with regular one-to-one sessions to provide personal help and support throughout the program.
- 4. A Welcoming Community:** Supportive staff, a computer lounge and library, and a welcoming center in the heart of Bangkok.



Empowering Workshops for Girls

A common solution often proposed to the poverty faced in rural villages across Thailand is to dispatch their children to the city to make money to send home. While the poverty is challenging enough, the male-oriented culture has created an even more unfortunate fate for the women. Often, it is the young female who rescues her family, while men tend to be freer to live their lives.

There is always at least one person in every family, who knows intuitively from an early age that she will become responsible for improving the whole family's life, while the rest of the family lives from her earnings. We work with these young girls before they move to the city, and then direct them to our courses aimed at women in Bangkok if and when they migrate to the capital.

In partnership with local schools, we run two core workshops for girls:

1. Claim Your Rights Training

Moving from a village to the capital city can be a shock, and many of these girls will find themselves in risky work in bars, clubs and private homes. We prepare them by providing training in life-saving skills, including:

- ✓ Recognizing and avoiding dangerous situations. Women's law and rights.
- ✓ Basic self-defense.

2. Preparing for Success Training

When girls leave village schools, they are unlikely to have received any advice on what to do next. This workshop introduces them to:

- ✓ Self-assessment.
- ✓ Training and education options post-school.
- ✓ How to find and apply for jobs.



The Year in Numbers

3,657

Number of at-risk high school girls in Ubon Ratchathani who received self-learning kits on dealing with gender-based violence

4,155

Number of girls in Ubon Ratchathani who were trained in 'Preparing for Success' and 'Claim your Rights' workshops.

28

Number of people whom we counselled on gender-based violence issue (face to face and via social media)

126

Number of women in Bangkok who attended our career and personal development online courses.

41

Number of women in Bangkok who attended our weekly English language online courses.

664

Number of English course hours conducted.



The Year in Review

For most of 2023, the team was up in Ubon Ratchathani and its surrounding provinces finishing up projects from the previous year and starting new ones thanks to several grants we had won. There was nary a moment to ponder even when some staff caught the Covid bug again. It was a year marked by incredible growth and new alliances which will impact the way we run projects in future.

First Half



We started the year on a high as we capped the landmark pilot project 'Rewiring Gender Perception' supported by the Canada Fund For Local Initiatives. Teaching manuals and student learning kits on gender inclusivity that we designed were handed over to 10 participating high schools. We kicked off the handover at Warin Chamrab School, a progressive institution we have partnered with for several years. Canadian Ambassador Dr. Sarah Taylor and our Chairwoman M.R. Benchapa Krairiksh flew in from Bangkok to join us in the event and witnessed first-hand how we trained students on embracing gender diversity and dealing with gender-based violence (GBV) and bullying. Snapping out of their morning stupor, the demonstration class kicked into gear when our training began. High spirited and thoughtful in part, they threw themselves fully into our word game and Q&A. With prizes up for grabs, designed to reinforce learnings on gender diversity and GBV, everyone enjoyed themselves and took away with them knowledge that hopefully will influence positively their behavior towards one another. After the visit, the Canadian Ambassador tweeted, "What a pleasure

to see the team from the Prathanadee Foundation in action with students of Warin Chamrab School in Ubon Ratchathani promoting #gender equality and countering #GBV! Another excellent use of the CA Canada Fund for Local Initiatives." This was a generous public endorsement of us.

A carry over from the pandemic, our Bangkok operations remained a hybrid of in-person and online classes. Many students who left the capital during the pandemic chose not to return. Some of them, thankfully, continued their connection with us via the virtual classes. Our volunteer teachers have now become more adept at teaching in both formats after the initial hiccups in conducting classes over Zoom and Line. We are looking at refining the syllabus further, mainly on teaching English that is more customised to the professional needs of our students. Hopefully we can secure donor backing for this project.



Fundraising outreach continued apace with several grant wins from international donors, including repeat supporters such as Canada Embassy in Thailand and Black & Veatch Foundation. We received a grant from video game developer and esports tournament organizer Riot Games in partnership with GlobalGiving crowdfunding platform. We were one of 30 NGOs picked from a global list of 19,000 charities; what a great affirmation for the team. Obama Foundation’s Girls Opportunity Alliance, founded by former First Lady Michelle Obama, also provided a generous grant for our work in Ubon.

Second Half

From summer to fall, our team traversed Ubon, Amnat Charoen and Sisaket provinces conducting workshops as well as distributing student self-learning kits to schools unable set aside time for our in-person training because of scheduling conflict. These projects enabled us to reach out to over 7,800 high school girls in poorly resourced schools. They received training on life skills, planning for further education and career post high school, and dealing with GBV and bullying.

No.	Donor	Proposed Project	No. of Schools	No. of Students
1.	Canada Embassy	Data collection and gender inclusivity manual design	10	1,015
2.	Irish Embassy	Claim your Rights workshop for girls	6	1,219
3.	Anderson Foundation	Preparing for Success workshop for girls	10	913
4.	Taejai (fundraising via website)	Claim your Rights workshop for girls	4	433
5.	Globalgiving (Riot Game)	Claim your Rights workshop for girls	10	2,016
6.	Black & Veatch Foundation	Preparing for Success and Claim your Rights workshops for girls	7	716
7.	Girls Opportunity Alliance via GoFundMe	Preparing for Success workshop for girls	12	1,506
Total			59	7,818

While running workshops in schools, we were also preparing for a major event in Ubon in November. The project ‘Reach Out’ largely funded by the Canadian Embassy involved bringing together key stakeholders in the reporting of GBV in schools. These included students, teachers, school directors, government hospital, the police, local NGOs, the Social Development and Human Security Ministry’s provincial office, and the Secondary Educational Service Area Office of Ubon Ratchathani and Amnat Charoen. We hoped through the day-long meeting, we could improve the existing GBV reporting

system for teachers and students in northeast Thailand. The inputs from the discussion will go into the production of pocket-sized collaterals to be distributed to all the stakeholders in the new year so that everyone will be on the same page when it comes to responding to GBV in schools.

Notes from Ubon Ratchathani to Washington DC

Our Managing Director, Sarochinee Unyawachsumrith (Beer), shares the highlights and learnings from her multiple trips to Ubon during the year and her time in United States in a professional exchange program organised by the State Department.

We started 2023 on a high note and ended it with an equally strong finish. Lessons were learnt, new connections were made, all of which deepened our influence and impact in the province. After topping off our project ‘Rewiring Gender Perception’ from the previous year, we upped the ante with another idea which again won the Canadian Embassy’s backing. Like the previous year’s, ‘Reach Out’ was one of our most ambitious projects to date. For the first time, key stakeholders involved in the reporting of gender-based violence (GBV) in schools met under one roof in Ubon Ratchathani province. We had hoped that by bringing together the key actors, we could improve the existing uncoordinated GBV reporting system for teachers and students in northeast Thailand. It was no easy task rounding up all the stakeholders to meet. Pinning down the date was the least of the difficulties. Persuading some of them to be involved took many rounds of conversations and layers of bureaucracy. Even then, I must say, the success of the previous project ‘Rewiring Gender Perception’ gave us quite a bit of street cred and that made the experience relatively less onerous this time round.



In all, 53 participants attended the one-day meeting in November. They included students, teachers, school directors, government hospital, the police, local NGOs, the Social Development and Human Security Ministry’s provincial office, the Secondary Educational Service Area Office of Ubon Ratchathani and Amnat Charoen (SESAO), and the Canadian Embassy in Thailand. We are extremely proud to have given five high school students seats at the table on an issue that affects them but they hitherto never had a voice. Our apprehension over a possibly icy atmosphere given the diverse groups was put to rest as the townhall was convivial and discussions were lively and frank. In the course of our conversations, it became quickly apparent that most teachers

“It became quickly apparent that most teachers were unprepared and not trained to deal with violence which means incidents go unreported.”

were unprepared and not trained to deal with violence which means incidents go unreported. Another fact that came up, there is a severe

shortage of accessible psychological care in SESAO with only one psychologist available to over 70,000 students. Startling revelations but they also offer up lots of opportunities for us to plug these gaps in the future.

Also revelatory during my work trips across the northeastern provinces was the data we had collected from 1,019 girls in six schools on GBV. This was for an Irish Embassy funded survey. What stood out for me was schools came out tops as the place where most of the girls had experienced violence or a dangerous situation, rather than their neighbourhoods or homes. Also notable was that teachers were not the first choice of contact when faced with a dangerous situation; only 15.8 percent thought of asking them for help. We had assumed schools to be one of the safest places for children. How wrong we were! This is why we need projects like 'Reach Out' to help schools develop a friendly and safe environment. As a sidebar, in that survey, 20 of the girls also mentioned homes as the place where they had witnessed violence. Not a surprise, but domestic violence is a tricky challenge as it involves having to deal with family members. This is an area we need to look into as well, specifically on how we can design culturally sensitive interventions.



It was not all things Ubon though. I managed to carve out time to participate in a professional exchange program arranged by the US Embassy. Over three weeks I made my way through Washington DC, Manchester, Des Moines, Detroit and Seattle. I was amongst five Thai NGO representatives invited as part of the US State Department's International Visitor Leadership Program aimed at encouraging exchanges between civil societies of both countries. I found it to be a deeply edifying experience learning from my American counterparts and sharing with them about our work and challenges in Thailand. Through our wide-ranging conversations, I picked up new skills in managing donors, beneficiaries and volunteers, community engagement and tapping social media to amplify our impact. I also made new connections that I know will come in handy when I need a resource person to bounce off ideas. It was not all work, I must confess. Our chaperons and English-Thai interpreter took us to wonderful museums, wildly entertaining seafood markets, a musical and even to someone's home for dinner to experience American hospitality at its best. I felt renewed from the experience knowing many of the takeaways from the trip will help me run Pratthanadee better in the new year.

Meet our Partner

Sireethorn Sathornrat, School Psychologist, Promotion of Educational Provision Group
Secondary Education Service Area Office in Ubon Ratchathani and Amnat Charoen

How would you describe your experience working with Pr atthanadee?

My experience working with Pr atthanadee Foundation involved coordinating with them on training for high school girls. They came up with creative activities to educate both students and teachers on getting assistance for gender-based violence or harassment, which was very beneficial and helped to promote a safer learning environment. Their training also raised awareness among teachers on new societal issues, such as online sexual harassment and bullying. I'm also impressed with the coordination by the Pr atthanadee team. We've a good relationship with them and our discussions are always honest and straightforward about the objectives and desired outcomes both sides would like to see. This has made our working relationship and interactions on point, easy and efficient.

Pr atthanadee has been active in the northeast provinces for over a decade, what else can the foundation do to help schools?

I suggest adding training for teachers as well because educators can help students develop their potential and influence their attitudes. This will have an impact on creating a safer learning environment.



“Their training also raised awareness among teachers on new societal issues, such as online sexual harassment and bullying.”

Meet our Partner

Premruedee Sansing, Assistant Teacher, Nampleeksuksa School



“The inclusion of gender diversity in the training also helped to remove prejudices our students had against one another. This will reduce bullying and violence in our school.”

What’s your key takeaway from working with Pratthanadee?

From my own experience of working and coordinating with the Pratthanadee team, I’ve a better understanding on developing creative ways to help students learn about a subject matter. Also, I now know more about the rights of women and girls under Thai laws and gender diversity.

What impact has the training had on your students?

The training has taught our students how to defend themselves in dangerous situations and given them important knowledge about laws, fundamental rights and freedoms of women and girls in Thailand. The inclusion of gender diversity in the training also helped to remove prejudices our students had against one another. This will reduce bullying and violence in our school. Apart from that, the ‘Preparing for Success’ workshop has inspired our girls and given them more confidence to prepare for their lives after high school, whether it be pursuing further studies or joining the workforce. So the training has significant impact on our students and supplements what they learn in the classroom.

Meet our Partner

Kowit Wansee, Teacher, Kanthalakwittayakom School



“The team makes the effort to travel for hours to under-resourced schools in the countryside to run workshops for students”

What are three words you would associate with Pratthanadee?

First is equality, the Pratthanadee Team treats all students equally and the workshops they provide are free for everyone. Second is faith, they believe in the ability of every student to learn something new and in their potential. Third, I would say is devotion, the team makes the effort to travel for hours to under-resourced schools in the countryside to run workshops for students.

Do you think the training has been useful for your students?

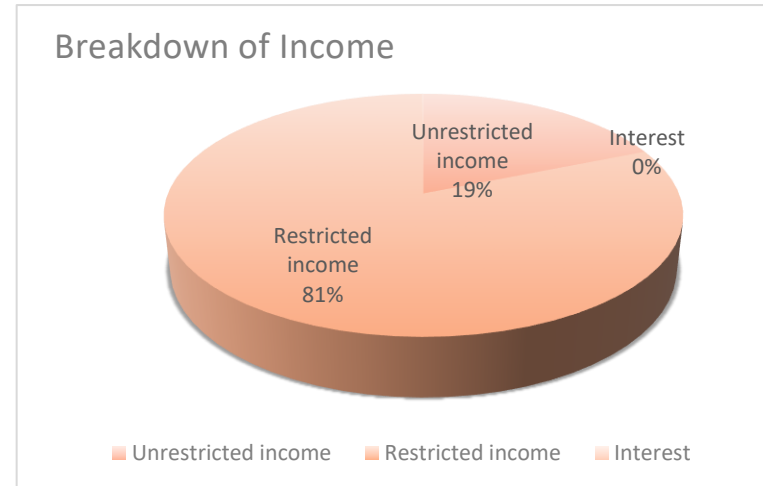
Yes, because the workshop is interactive it has improved relationships between our students. Also, the knowledge they’ve gained will enable them to survive dangerous situations whether in school or at the workplace in future. The ‘Preparing for Success’ part of the training has helped my grade 12 students to be more informed about the choices they have in pursuing further studies and how to connect that to their dream jobs. I hope the Pratthanadee team will be able to visit my school and run the training every year.

Financial Report (Oct 2022- Sep 2023)

Breakdown of Income

Revenue

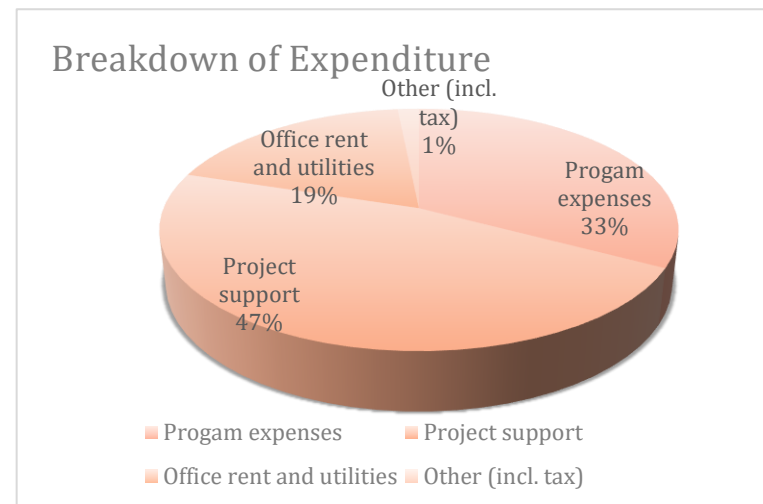
	THB
Unrestricted Donations	2,321,775.57
Restricted Donations	9,966,021.65
Interest	12,202.13
Total	12,299,972.35



Breakdown of Expenditure

Expenditure

	THB
Project expenses	1,686,941.15
Project management & personal expenses	2,423,188.45
Office rental	956,439.20
Other expenses (incl. tax)	80,803.55
Total	5,144,372.35



Key Supporters and Partners in 2023



Meet the Pratthanadee Community

The Pratthanadee Foundation would like to express special thanks to the following partners, friends, institutional donors, donors via K-Plus Market and individual donors, whose support made a vital difference in 2023:

Anonymous donors	2 V Auditing Limited	Ana Cuan	Anderson Foundation
Berin Fischer	Chanida Sintuu	Chortigah Nadia Brown (Northerlybeauty)	Claudio Caballero
Claudio Caballero	Elizabeth Massie	Elizabeth Massie	Emi Stames
Frank Mcguire	Grace Cheng	James Yang	Jennifer L Fackelman
Joanna Thompson	Joseph Wasike	Joshua Tripp	Kate Tse
Lief Strong	Man Chi Wong	Oregon University	Patrick Mannix
Roger Moragues	Sanggyun Ahn	Sarah Hebben	Sharinee Kalayanamitr
Sipana Broesevangroenou	Stephan Baumann	Supranee Jaruputhikorn	Susan Patterson
Swati Mitra	Tabongkod peunchob	Thammasart University	Todd Phillips
Uraiwan Sansungnoen	Wanwirote Varophas	William Martin	

While we have tried our best to ensure the listings are correct, we invite you to get in touch if you notice any errors or omissions.



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Website: www.pratthanadee.org

We are a small team funded by donations.

We rely on your generosity to continue offering underprivileged women and girls the chance to build a better life.

Please consider joining us today by making a donation at www.pratthanadee.org/donatenow

or by getting in touch using the contact details above. Thank you.